

Living a life of Worship

Lesson Idea:

Psalm 103:1

"Let all that I am, with my whole heart praise His Holy name"

This object lesson can teach children that we should be worshipping God with our whole lives. We are called to live lives that worship God.

Items needed:

- Bicarb
- Vinegar
- Food colouring (to mix in with the vinegar to add a fun colour)
- A plate or tray with written words of where we can worship God and to catch the mixture when it overflows
- A small jar

Game instructions:

1. Hold the jar with vinegar mixture to hover it above the different words of how and where we can worship God- School, sports, singing etc.
2. Place the jar in the centre and explain how our whole lives are called to worship God.
3. Add the bicarb to the vinegar and it will overflow covering the plate.

Link to video demonstration:

<https://www.youtube.com/watch?v=T0g9sNcd1tU&list=PLUhlIKYncK6bwaSG7ZizJM8J2lvuAmO6N&index=8>