

Identity

Lesson learnt:

This object lesson can help teach children about their identity in Christ. When we know who we are in Christ and what Jesus says about us, even though we are in this world we can float. This lesson also works to teach children about being filled with the Spirit or that God does not look at your outside appearance, He looks at your heart.

Items needed:

- A Sugar free drink like a Coke can (it has to be SUGAR FREE)
- A large clear vase or bucket of water
- A drink with sugar like regular coke

Instructions:

Link to video demonstration:

- 1) Begin by explaining to the children that if we live like this world we will sink. We need Jesus and to have our identity in Jesus and when we don't, we will sink. Place the sugar can in a large bowl and see how it sinks.
- 2) Conclude by saying that when we know who we are in Christ and what Jesus says about us, even though we are in this world we can float. Put the sugar free drink in the water and it will float.