

# How do we worship

## **Lesson Idea:**

*When we know God, worshipping Him should be a natural response just like if a balloon were to unexpectedly pop we would get a fright because it is a natural response. Worshipping should be a response from the heart.*

## **Items needed:**

- A blown up balloon
- A pin

## **Instructions:**

1. Begin by popping the balloon and explaining how it is a natural response to get a fright if someone unexpectedly just popped a balloon.
2. Conclude by talking about worship and how in the same way worship should be a natural response from our hearts when we know Jesus.

Link to video demonstration:

[https://www.youtube.com/watch?v=uTOUikE\\_eks](https://www.youtube.com/watch?v=uTOUikE_eks)