## Saying and Doing

## **Lesson learnt:**

This object lesson can help teach children that they must not only listen to God's word but must actually do it! James 1:22 says "don't just listen to God's word. You must do what it says."

## Items needed:

 Two of the same fruit, such as a banana (you will need a fruit that you normally peel to eat it)

## Instructions:

Link to video demonstration:

https://www.youtube.com/watch?v=jq Wh86H0 c&list=PLUhliKYncK6bfEafruO9qSicIIfO63BSY&index=26

- 1) Have 2 leaders
- 2) Leader 1:Begin by saying, "We need to peel these bananas before we eat them."
- 3) Leader 2: (take a bite of it with the peel still on)- "Gross, I should have listened and done what I was told, I should have peeled the banana."
- 4) Leader 1: "Yes you should of" (they then peel theres and take a bite) Then state to the children that just like leader 2 should have listened and peeled the banana, in the same way we must listen to God's word and then we must actually do it! In James 1:22 it says "don't just listen to God's word. You must do what it says."