

J E S U S   W O N   S O   W E   C A N ' T   L O S E

# WE NEED JESUS

HEART OF CHAMPIONS

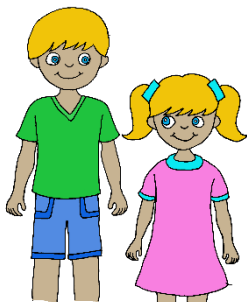
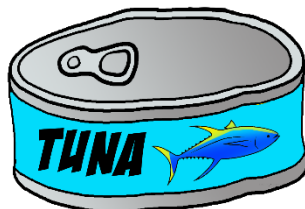
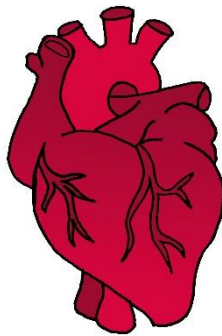
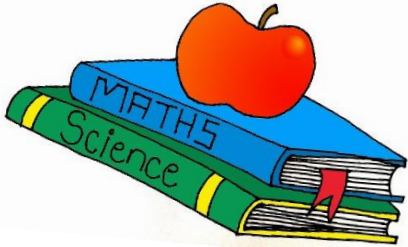
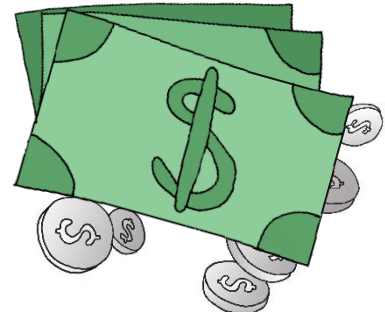
## LEADER BOOKLET

Items needed:

- Heart sticker
- Cup of clean water
- Cup of dirty water
- Cup with bottom cut out and covered with a heart
- Tub to catch water
- Glitter

# GIVE YOUR HEART

What is the most precious thing that you have?  
Circle your answer and fill in the missing word below.



We need our \_\_\_\_\_

to give us LIFE!

## Teacher Notes:

- Before the children even open their books get them to close their eyes and picture what the most precious thing they own is. **DO NOT** get them to share what this is as we do not want children comparing what they do or do not have!
- Next get them to put their hand on their chest and feel for their heart beat. Ask them “Is the thing you thought of more precious than your heart?”
- Now get them to open their booklets and look at the picture of things they may own or want. (money, toys, a house, books, family, friends, clothes, car, food etc.)  
Take note: Some children may not recognize the picture as being an actual heart.
- Explain that while we might like these things and some of these things we may even need, the heart is the most important as without it we cannot live.
- Our Hearts = our lives.

## Children:

- *Circle the heart*
- *Fill in the word “HEART”*

NOTES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



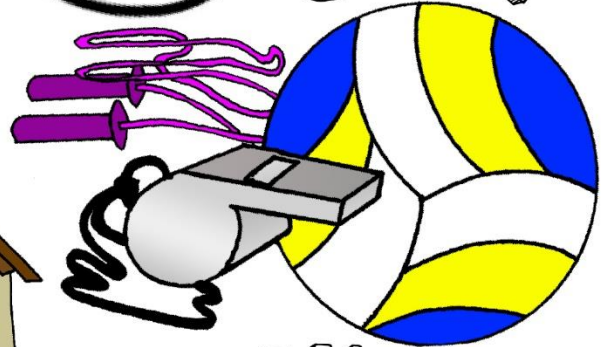
# GOD

THE FATHER,  
THE SON  
AND THE  
HOLY SPIRIT

FAMILY



COACH



SOCIAL MEDIA



FRIENDS



**WHO WOULD  
YOU TRUST  
WITH YOUR  
HEART?**

(Stick your heart by your choice.)

## Teacher Notes:

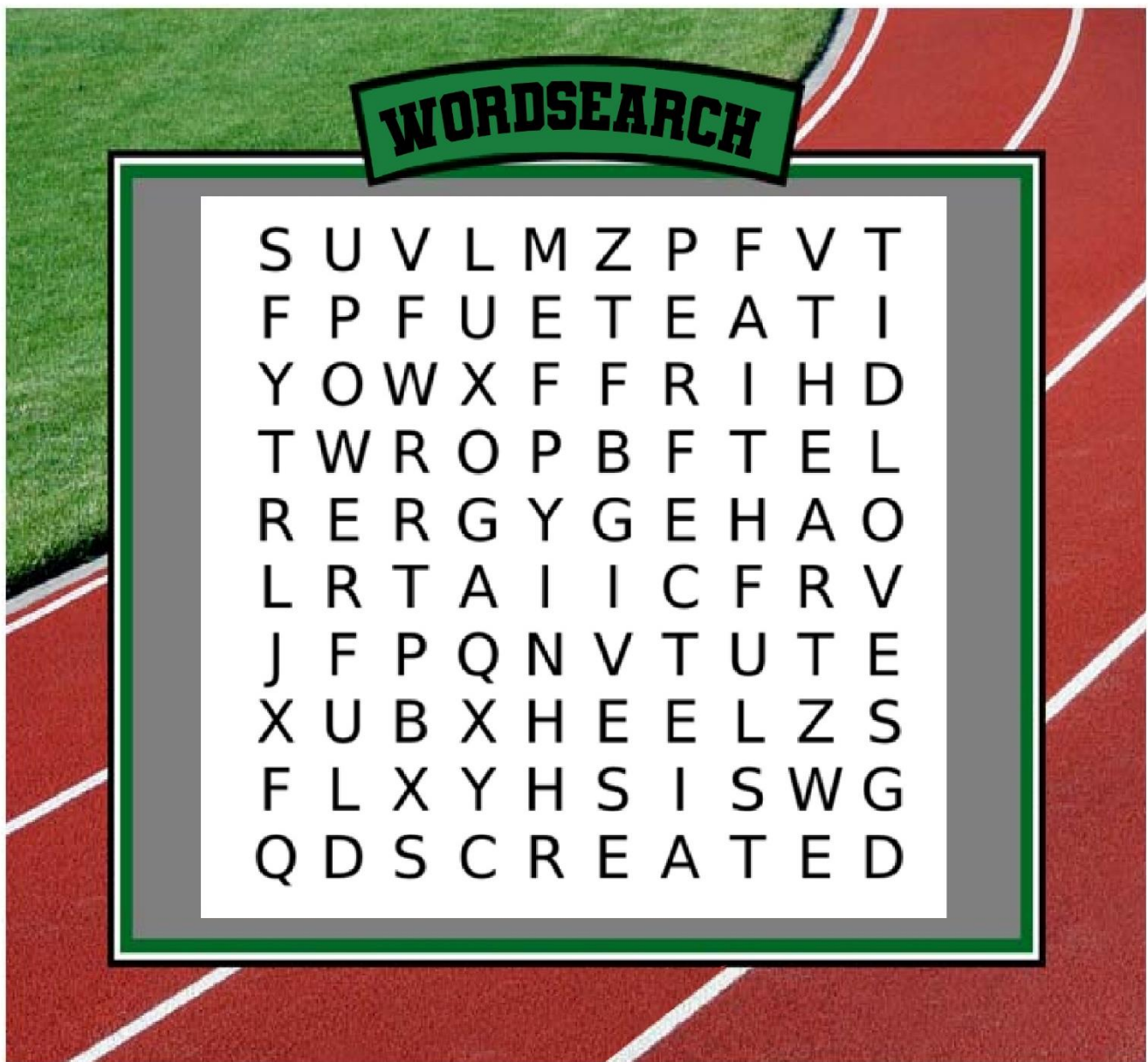
- I want you to pretend that you are going to take your heart out and give it someone to take care of. Now remember how precious it is! We don't want to give it to just anyone or anything, as without it we cannot live!
- Who would you trust to give your heart to?
- Your coach or teacher?
  - They train you to win and to do well. Surely they could look after your heart?
- People on social media?
  - They seem to know what is going on all the time. The latest games, things that are cool. Could you trust them with your heart? Why not? Because it is so precious.
- Your family?
  - They love us. They could be a good choice.
- Your friends?
  - They are lots of fun, maybe they could look after it. But it is very precious maybe we could trust them with a phone or something but not our hearts. As without it we cannot live!
- Children will probably already say "God". Ask them why would they trust God. Let them come up with their own reasons before saying:
  - Would the very person that created everything by simply talking be good enough to look after your heart?
  - What about the person that *made* your heart when you were being formed inside your mom?
  - Or the person that loves you no matter what you do and will never stop loving you?
  - What about the person who died so your sins could be taken away – but didn't stay dead but instead is now alive in Heaven. And is the same person that gives you eternal life!
  - Name other attributes of God that make you trust Him (is perfect, knows everything, faithful, more powerful than anything etc.)

Children: *Stick a heart shaped sticker by the person they trust the most to look after and take care of their heart.*

It is easy to trust God with our heart because ...

Circle the words in **BOLD** in the wordsearch below.

God **CREATED** everything      God **FORGIVES** me  
God made my **HEART**      God **GIVES** life      God is **PERFECT**  
God **LOVES** me      God is **POWERFUL**      God is **FAITHFUL**



Teacher Notes:

- Read through the things about God and then let the children do the wordsearch at **HOME**

NOTES: \_\_\_\_\_

---

---

---

---

---

---

---

---

---



---



We have already said that our heart = life

So when we hear Christians saying "Give your heart to Jesus" they mean give your whole life to Jesus by making Him the most important person that you trust.

The Bible also tells us that just like God gave us life here on Earth, He has also given us life forever and ever with Him in Heaven!

Look up Romans 10:9-10 in the Bible and complete the verse to find out how.

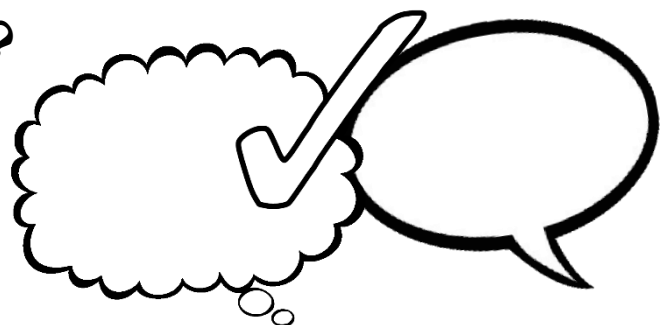
9 If you openly  \_\_\_\_\_ that Jesus is Lord and  \_\_\_\_\_ in your heart that God raised Him from the dead, you will be saved.

10 For it is by  \_\_\_\_\_ in your heart that you are made right with God, and it is by openly  \_\_\_\_\_ your faith that you are saved.

How do we give our lives to Jesus?

Write your answer in the bubbles 

Doing this means we are saved from our sin and are given life forever with God in Heaven.





## Teacher Notes:

- *Don't rush this section! Make sure everyone understands this important message of salvation.*
- The Bible tells us that
  - God made us (Genesis 1:27)
  - But we all chose to sin (Romans 3:27)
  - Our sin means we are separated from God. (Isaiah 59:2)
  - Being separated means we cannot have life with God. (Romans 6:23)
  - **But God made a way so that everything can be made right again – just like it was before we sinned.**
- Children look up and read Romans 10:9-10 to find out the way for us to be saved from our sin so that we can have life with God again.
  - DECLARE (say) Jesus is Lord
  - BELIEVE Jesus died for our sin and is now alive
- When we DECLARE JESUS IS LORD
  - We are saying that Jesus is God's son and that He is the most important
- When we BELIEVE IN OUR HEART THAT JESUS IS ALIVE it means we believe that:
  - God sent His son, Jesus, to be born here on Earth and go through all the things like we do – but the only difference is JESUS NEVER SINNED.
  - Jesus then died on the cross just like God had planned. This was in place of us being punished for our sins.
  - But we also believe that Jesus came alive again and is STILL alive right now. By doing that He has victory over sin and we were made right with God. That means we are forgiven and are no longer separated from God.
- Give the children a moment to think about what this means and then an opportunity to respond to God.

Children: *Fill in the words “declare” and “believe” on the dotted lines and in the speech bubbles.*

 Tick what you believe

I believe I have sinned.

Romans 3:27

I believe sin separates me from God.

Romans 6:23

I believe Jesus died so I can be forgiven.

John 3:16

I believe Jesus is now alive.

Revelation 1:18

I believe Jesus gives me life with God forever.

1 John 5:11

I believe I am saved.

Write out what you declare

## Teacher Notes:

- Get the children to close their eyes and think about what they really believe as you read the list out to them.
- Explain that this is NOT just a list we tick. Our hearts have to actually BELIEVE these things. Rather than just tick them all now go home and look up the verses below and make sure that you understand them. Then share what you believe with someone else.
- Declaring is saying something with a whole lot of oomph! Like a war cry at sports event. We do this when it is our hearts speaking out loud rather than our mouths.

NOTES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

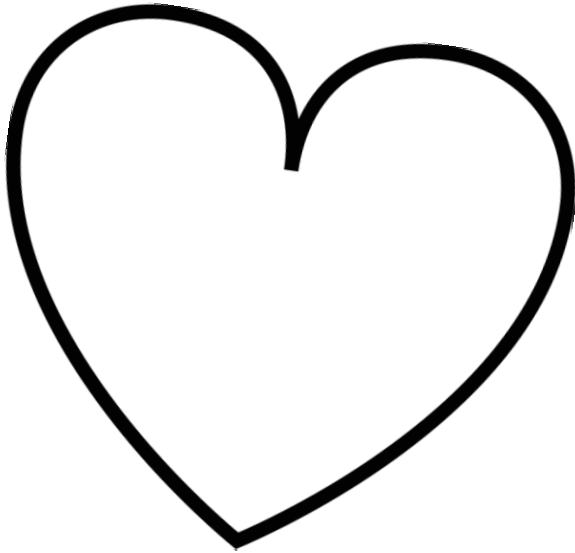
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# GROW YOUR HEART

How much of your heart should **LOVE** God?



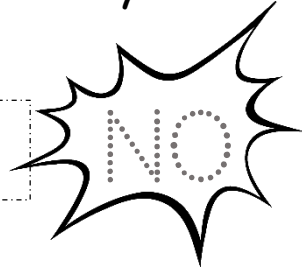
Colour in the amount of your heart that the Bible says should **LOVE** God.

Matthew 22:37

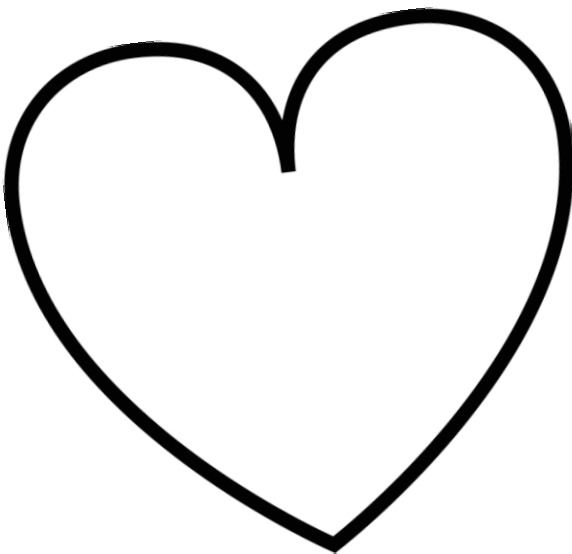
<sup>37</sup> Jesus answered, "Love the Lord your God with

\_\_\_\_\_ your heart, all your soul, and all your mind.'

Is there any space left for **HATE**?



How much of your heart should **SEEK** God?

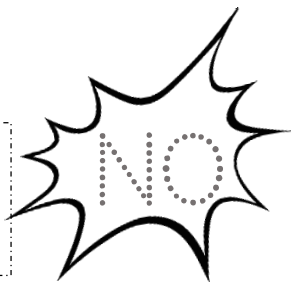


Colour in the amount of your heart that the Bible says should **SEEK** God.

Jeremiah 29:13

You will seek Me and find Me when you seek Me with \_\_\_\_\_ of your heart.

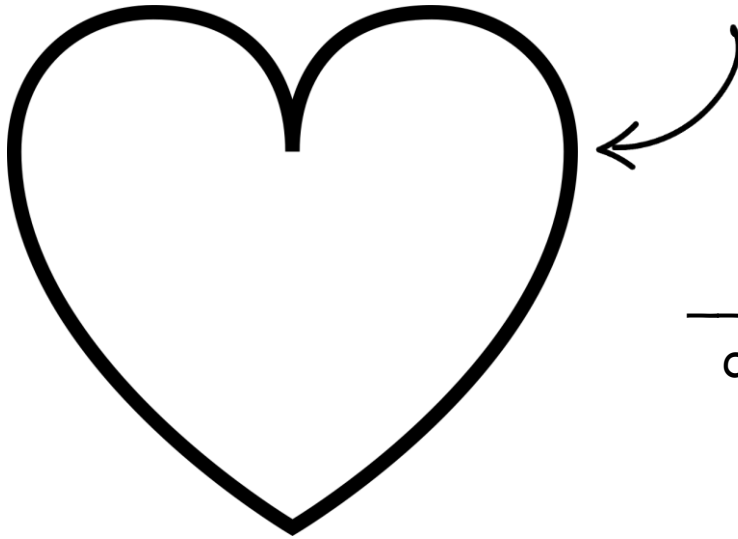
Is there any space to make **OTHER THINGS** more important to search for?







How much of your heart should **TRUST** God?

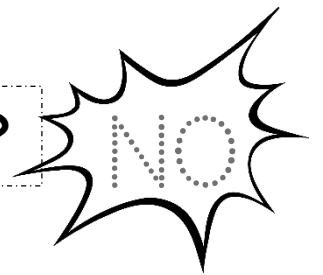


Colour in the amount of your heart that the Bible says should **TRUST** God.

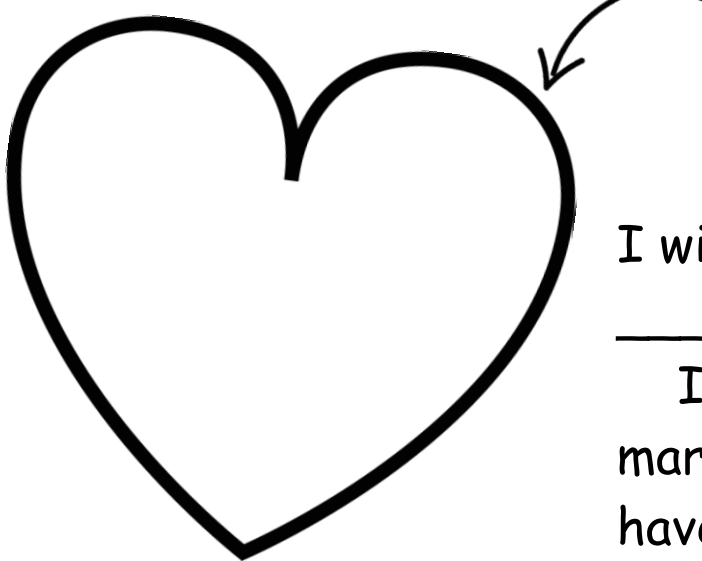
Proverbs 3:5

<sup>5</sup> Trust in the LORD with \_\_\_\_\_ your heart; do not depend on your own understanding.

Is there any space left for **DOUBT OR WORRY?**



How much of your heart should **THANK** God and **TELL** others?



Colour in the amount of your heart that the Bible says should **THANK** God.

Psalms 9:1

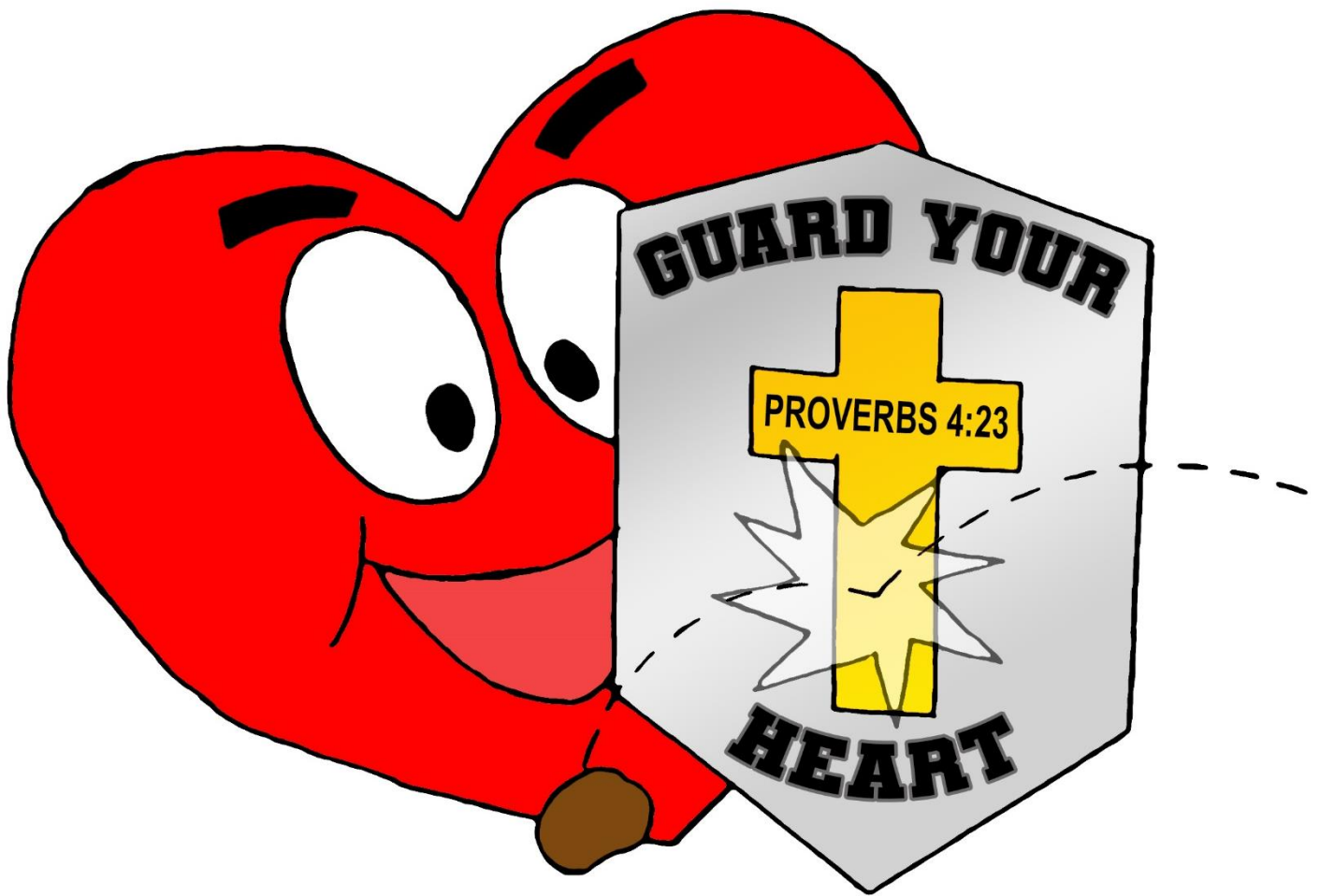
I will praise You, LORD, with \_\_\_\_\_ my heart; I will tell of all the marvelous things You have done.

Is there any space left for **GRUMBLING?**





# GUARD YOUR HEART



Proverbs 4:23

Above all else, guard your heart for everything you do flows from it.

Decide which cup each of these words in the box go into and rewrite the words on that cup.

unkindness	truth	peace	lies	meanness	love	sin
joy	bad language	anger	kindness	right things	obedience	
wrong things						



## Teacher Notes:

- We have already learnt that our hearts are super valuable! And it is for this reason that God warns us to guard it!
- If we're playing on our phones, tablet or computer or YouTube and we see something we know is not pleasing to God – what should we do? (GUARD OUR HEART – use you hand to cover the picture)
- If something comes up on T.V. or a song plays on the radio that has bad language – what should we do? (GUARD OUR HEART – use you hand to cover the picture)
- If friends are talking about things we know is not right and does not please God – what should we do? (GUARD OUR HEART – use you hand to cover the picture) ‘
- Let the children offer their own examples of what they need to guard their hearts from.

NOTES: \_\_\_\_\_

---

---

---

---

---

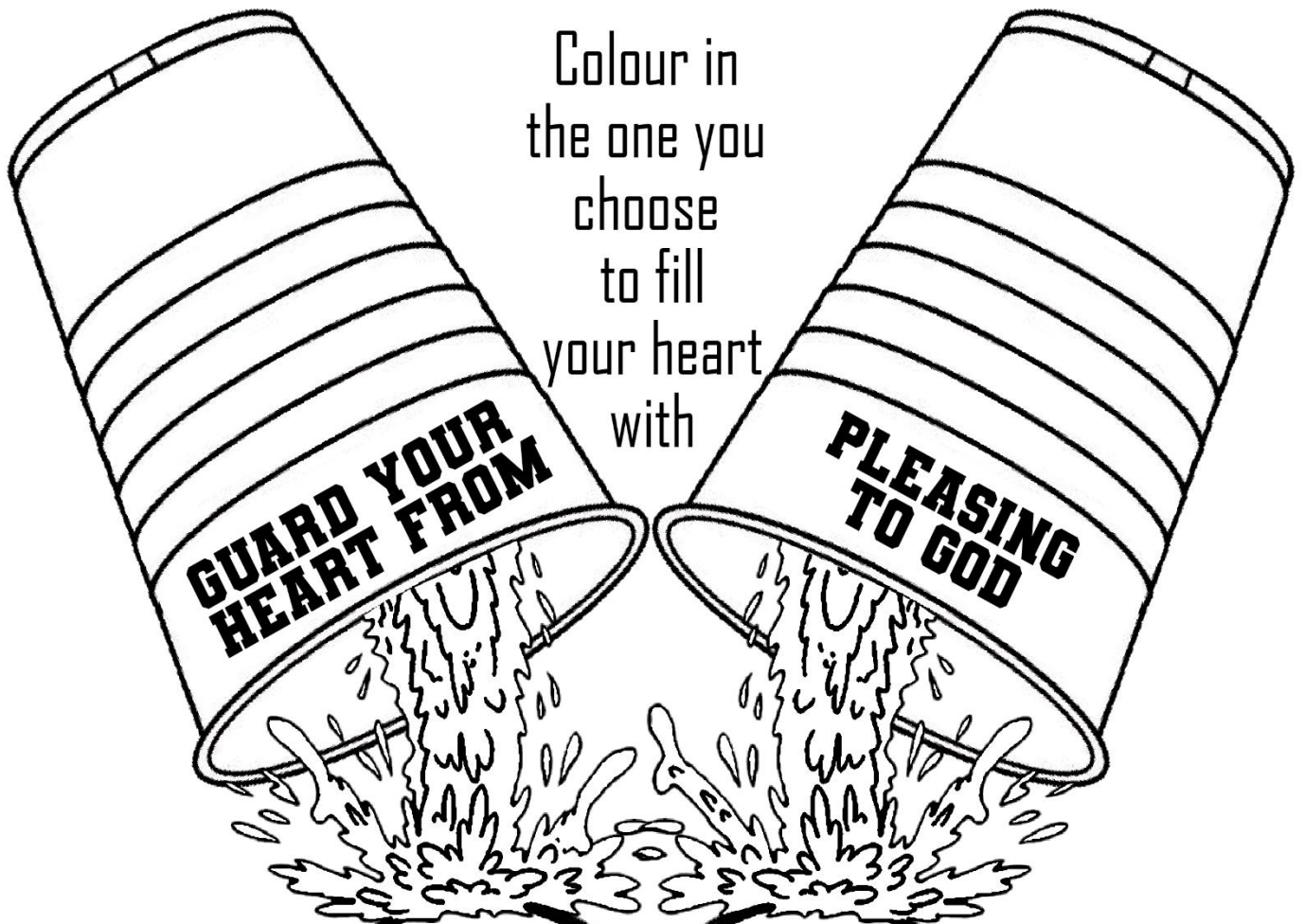
---

---

---

---

---



Colour in  
the one you  
choose  
to fill  
your heart  
with

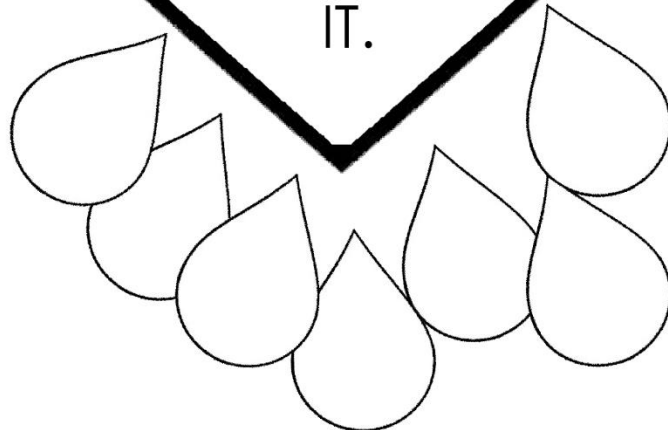
**GUARD YOUR  
HEART FROM**

**PLEASING  
TO GOD**



Proverbs 4:23

Above all else,  
guard your heart for  
**EVERYTHING**  
**YOU DO FLOWS**  
**FROM**  
**IT.**



## Teacher Notes:

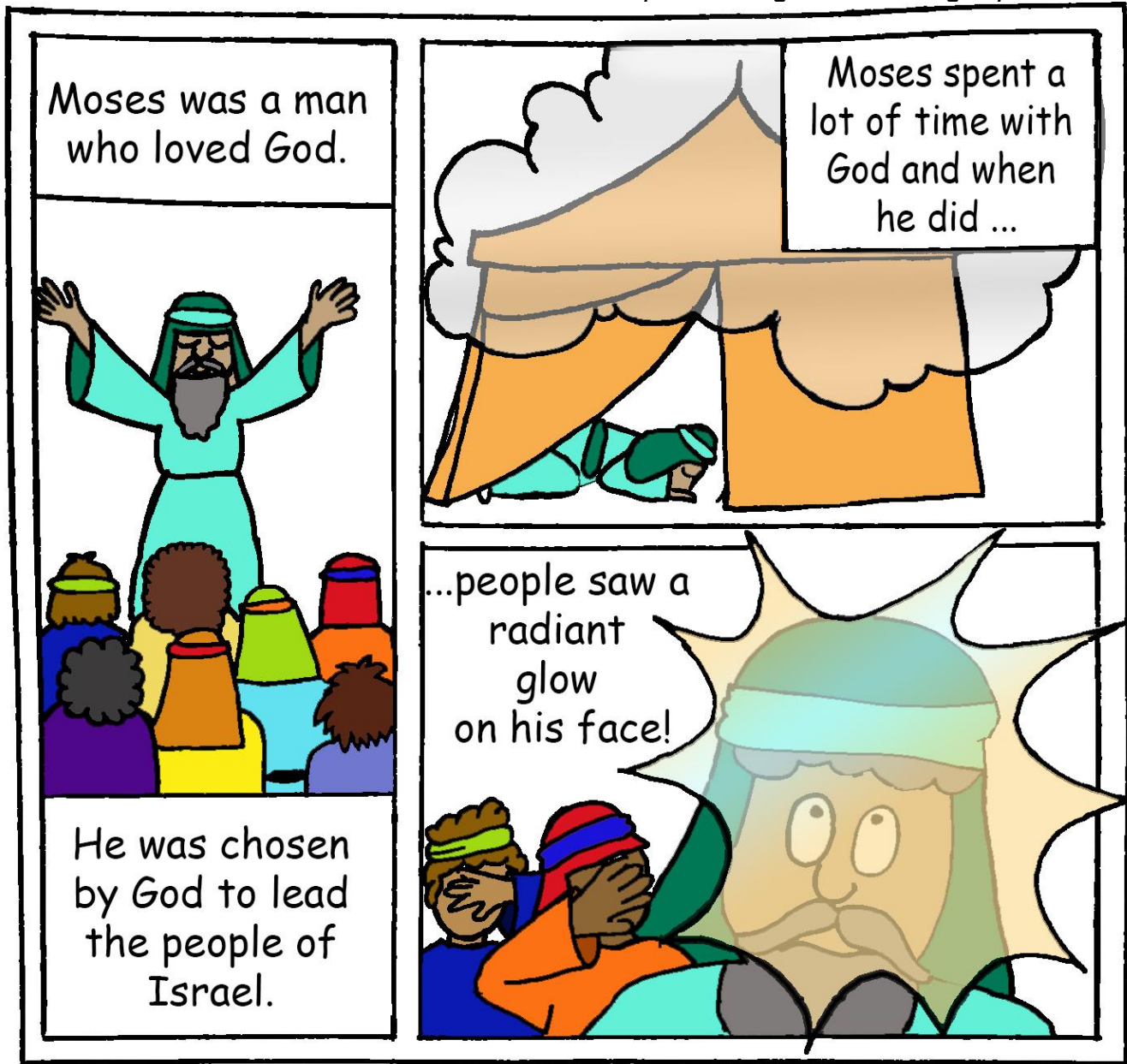
- Because our hearts are so important for our lives, God tells us to guard them. Let's read Proverbs 4:23 to find out why.
- NLT says our hearts determine the course of our life and the NIV version says that everything we allow in our hearts flows out into the rest of our lives.
- Perform object lesson –
  - Get the children to read the words in the block and decide on which cup these words belong. As they decide and write them in their booklet, write them on your actual cups.
  - The “Guard your heart from” cup is filled with muddy water. Name appropriate examples and write on the outside: unkindness, wrong things, bad language, sin, meanness, lies, anger
  - The “Pleasing to God” cup is filled with clear water and you will write on the outside: joy, truth, peace, kindness, right things (reading the Bible, Praying etc.), obedience, love.
  - Then ask the children which one we should we fill our hearts with? Which is the one we want to flow into our lives.
  - Demonstrate when we don't guard our hearts by walking away, turning off the computer or TV then our lives are filled with these things that are NOT pleasing to God. *Pour muddy water through the heart-covered cup.*
  - Demonstrate that when we choose to guard our hearts from these things and we only allow the things that please God to fill our hearts then everyone will be able to see the goodness of God in our lives. *Pour the clear water into the heart cup.*
  - *Children colour the water in of what should fill their hearts.*
  - Next, pass around the mirror and get them to pull a face that shows a heart that is filled with these wrong things. A sad face, or an angry face, a mean face etc.

Ask: Do you think this is what God wants our lives to show others?  
(no) *Let's read about a man named Moses...*

## SHOW YOUR HEART

In Exodus 34:29-30 we read that Moses' face shone so brightly that he had to even cover his face with a veil!

Read the comic below to find out why his face glowed so brightly.



Add glitter to his face to show how it shone.

The Bible explains that God is perfect and describes Him as being glorious like a bright shining light.

Moses' face glowed because he spent a lot of \_\_\_\_\_



## Teacher Notes:

- God is perfect and Holy and there is no one else that is like Him. He is so glorious that the Bible even describes Him as being radiant like a bright shining light.
- When Moses spent time with God, he came back with his face shining so brightly too.
- Would his face have shone if he had not been with God? (*no*) Everyone could see how great and magnificent God is by looking at Moses.
  
- *Children read the comic to work out that from being in the presence of God, Moses' face glowed.*
- *Children add glitter to the face of Moses to show how his face shone. Make sure that they get glitter on themselves.*
- *Children fill in "time with God."*

NOTES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

From just touching a little bit of glitter you will notice that you now have glitter on you too - that everyone can see. We don't want people to just see glitter. We want them to see God's character and how amazing He is. Our lives show this to others when we spend more and more time with God.

Unscramble the letters to complete the verse:

Proverbs 27:19

So as water reflects the face, so does the  
\_\_\_\_\_ reflect the real person.

t e a r h      



Fill in all the things  
you have learnt that  
have changed your heart.

## Teacher Notes:

- Get the children to see if they can see any glitter on themselves or on others. Explain that even from touching the glitter a little bit others can see it in on you. This is how it should be with God. We should spend time with God so that others can see Him in our lives too.
- Look up the verse together to unscramble the letters and work out the verse. Proverbs 27:19 “So as water reflects the face, so does the **heart** reflect the real person.”
- By spending time with God we let Him change our hearts.  
**(Dip your finger in glitter each time and rub it on your face.)**
- We first do this by
  - GIVING OUR HEARTS TO JESUS
- Next we Grow our heart to be filled with more of God. Can you remember how we grow our heart?
  - LOVE, TRUST, SEEK, THANK AND TELL
- And then like Moses we SPEND TIME with God

And when we do that – others will see our hearts. They will see that we love God and that we belong to God and most importantly they will see how GREAT and GLORIOUS God is!

- Let the children each take turns to name these ways as they dip their finger in glitter and rub it on their faces.
- Then let them pass around the mirror again so they can see the change. Repeat the verse... the heart reflects the real person.
- When you get home your family may ask “why do you have glitter on you?” This is a perfect time to teach them all you have learnt ... what will you say?

*Children can fill these things in onto the reflection in the water.*

