



Name _____

STAND FIRM DRESSED BY GOD

Can you work out what's wrong with these pictures?



They are wearing the wrong outfits! What should they have on instead? _____

We need to put on the correct outfits and have the right equipment for whatever we are about to do!

When the Romans went into war they wore a suit of armour which protected them and helped them win the battle.

When we believe in Jesus we become part of His army and He gives us an armour too. It can't be seen but it works the same way by protecting us and helping us. God's armour helps us win the battle against the devil when he tries to tempt us, make us doubt God or even make us too fearful to follow God's plans.



Read the verse below and label each piece with what Ephesians 6:13-18 tells us this armour stands for.

Put on every piece of God's armour so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Stand your ground, putting on the **belt** of **truth** and the **breastplate** of **righteousness**. For **shoes**, put **peace** that comes from the **Good News** so that you will be fully prepared. In addition to all of these, hold up the **shield** of **faith** to stop the fiery arrows of the devil. Put on **salvation** as your **helmet**, and take the **sword** of the **Spirit**, which is the word of God.

Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

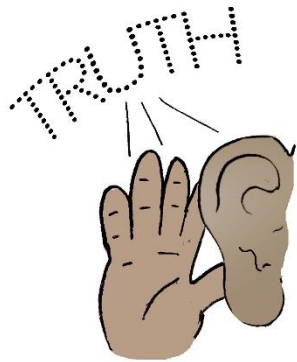


The image contains five line drawings of pieces of Roman-style armor. At the top center is a helmet with a plume. Below it to the left is a breastplate with horizontal bands. To the right of the breastplate is a shield with a cross in the center. Below the breastplate is a sword with a scabbard. At the bottom are a pair of sandals with straps.

We put on this armour from God every day by praying, worshipping and reading the Bible. It works and you can keep it on all the time by always living for God. The armour helps us stand firm no matter what happens!

STAND FIRM ON THE TRUTH

Soldiers in Bible times needed a belt to hold up their pants and the rest of their armour!

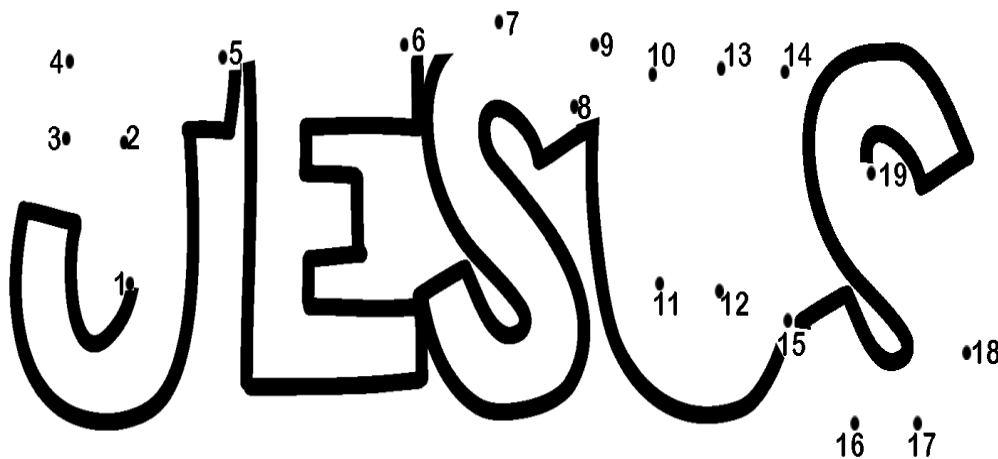


When we read the Bible, go to church and spend time with other Christians we hear the truth about Jesus and how much He loves us and wants us close to Him. The world wants to tell us lies and that is why it



is so important for us to know the truth.

Join the dots to find out who is the truth.



Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me."

Choose the correct word so that the scriptures below are the truth? Use your Bible to make sure!

- John 3:16 For God so loved [the Christians / the world] that He sent His only son to die for them.
- Deuteronomy 6:5 Love the Lord your God with [half / all] of your heart, [most / all] of your soul and [all / some] of your strength.
- Philippians 4:13 I can do [some / all] things through Christ who strengthens me.

STAND FIRM ON YOUR SALVATION

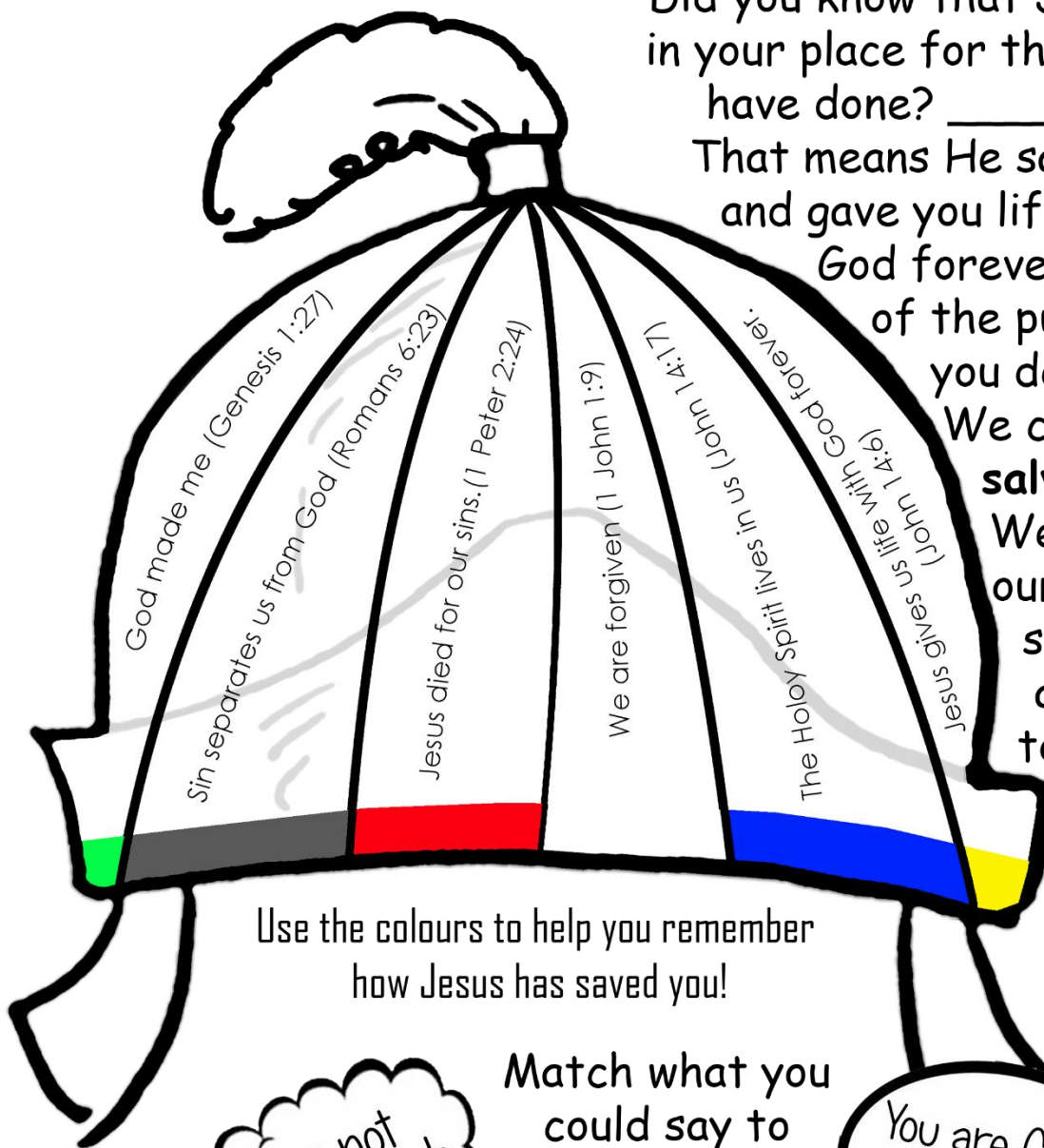
Did you know that Jesus died in your place for the sins you have done? _____

That means He saved you and gave you life with

God forever instead of the punishment you deserved.

We call this our **salvation**.

We should wear our helmet of salvation all the time to remind us of the gift God gave us.



Use the colours to help you remember how Jesus has saved you!

Match what you could say to someone thinking these things...

I am not good enough

I have no purpose

I am too young

I am not loved

I have messed up too much to be forgiven

You are God's masterpiece
Ephesians 2:10

God loves you no matter what!
Romans 8:38-39

You can be an example for Jesus now!
1 Timothy 4:12

Jesus always forgives!
1 John 1:9

God has good plans for you!
Ephesians 2:10

STAND FIRM AND DO WHAT IS RIGHT

Let's see if you can get your heart pumping! Jump up and down, run around the room, do star jumps and then put your hand on your heart to feel how fast it beats. We know how important our hearts are to live and so we can see how obvious it was for a soldier to protect their heart by wearing a breastplate.



The breastplate from God is righteousness. Sin separates us from God and the only way to be made right with God (that means to be forgiven of the wrong things we have done) is through Jesus.

That means that when we accept Jesus as our saviour and ask Him to forgive us, He does! God doesn't even see our sins anymore! We are made right with God.

Do you accept God? Do you want Him to forgive you? Write your own letter to God.

Dear God

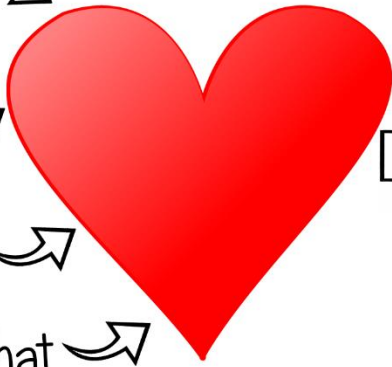
God wants us to try our best to keep doing what is right. We do this by putting on our breastplates and guarding our hearts.

What
you see

What
you hear

What
you do

What
you say



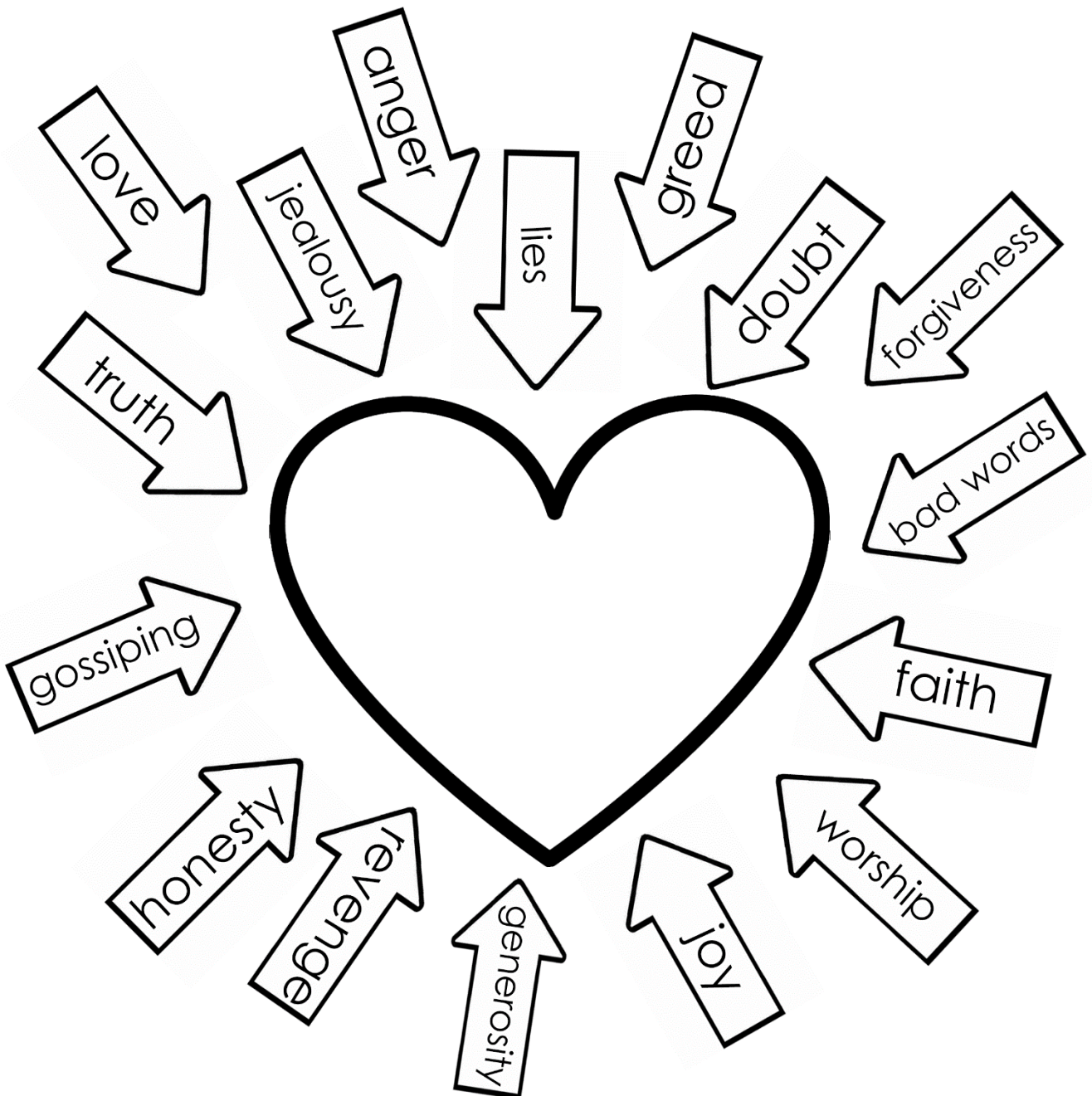
Unscramble the letters to complete the verse.

Above all else guard
your _____
(htrea)

for everything you
do flows from it,

Proverbs 4:23

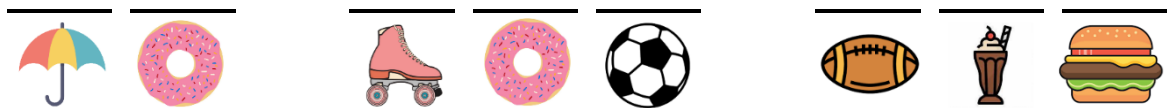
Scratch out the arrows filled with things you should guard your heart from. Write inside the heart the ones God wants you to filled with.



STAND FIRM DOING GOD'S WORK

Complete the verse 1 Corinthians 15:58 by using the pictures below to work out the code.

Be strong and immovable. Always work enthusiastically for the Lord, for you know that

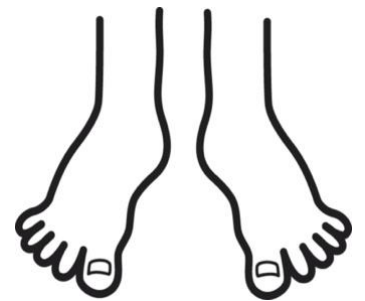


N	H	O	U	E
R	G	T	I	V
F	L	S	D	Y

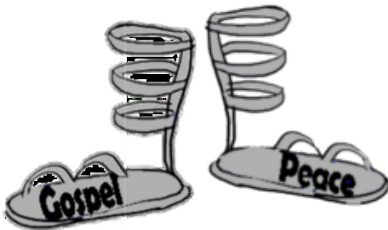
We DO NOT earn our forgiveness and we DO NOT earn our way into Heaven. The Bible clearly tells us that these things are given to us as a **free gift** from God.

We should do God's work because we love Him and know the plan that He has for us. Ephesians 2:10 tells us that God has good works for us to do. This doesn't mean God has a list of chores that needs to get done. This is God, the creator of everything, saying that we get to share in His great plan. We get to be the example to others so that they will know and love God like we do too.

Can you wiggle your toes for 10 seconds? Point your big toes? Clap your feet together 10 times? What is your favourite thing to stick your feet into? Sand? Mud? Water?

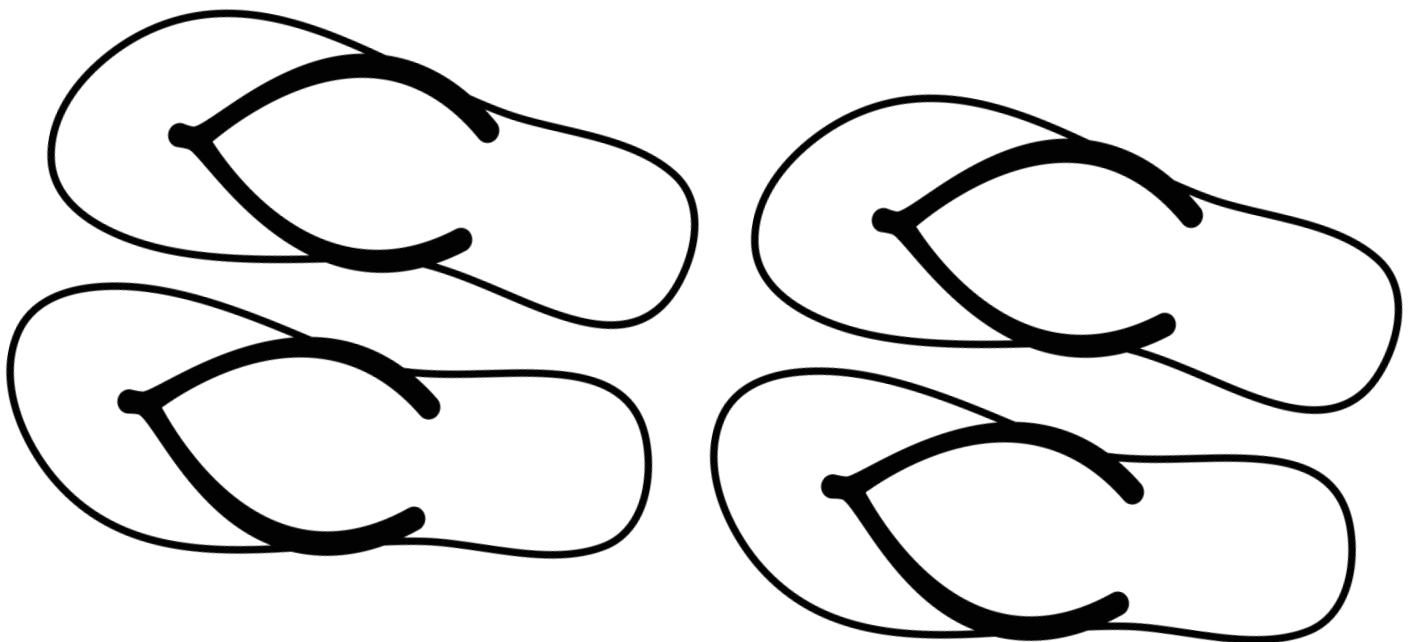


Draw it around the feet.

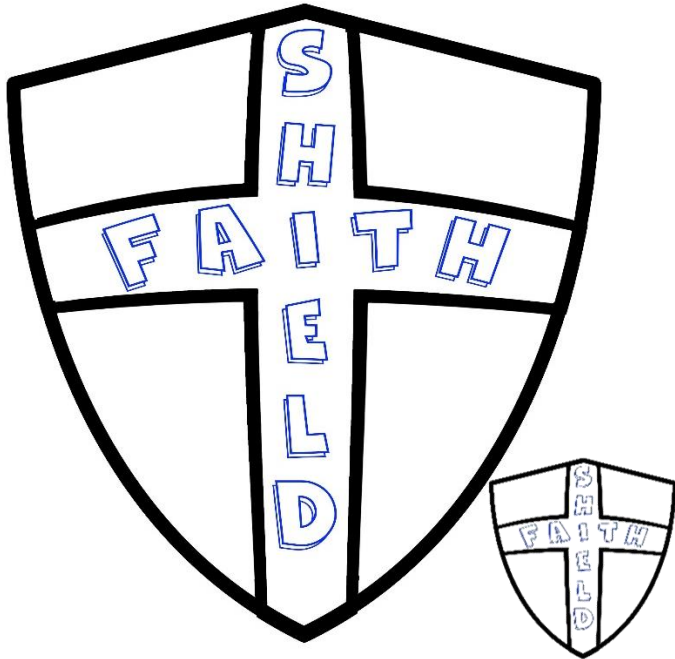


The Bible says when we are wearing our **GOOD NEWS SHOES** we are prepared and ready to take Jesus' message of peace to others.

Decorate these shoes with Good News you want people to know.



STAND FIRM ON WHO GOD IS



Have a dodge ball fight using some socks or scrap paper as the ball. Think about what size shield you would choose. I am sure you would look for the biggest one you could find. In God's armour our shield is our faith in Him.

Cross out the wrong words to complete the verse.

Proverbs 18:10

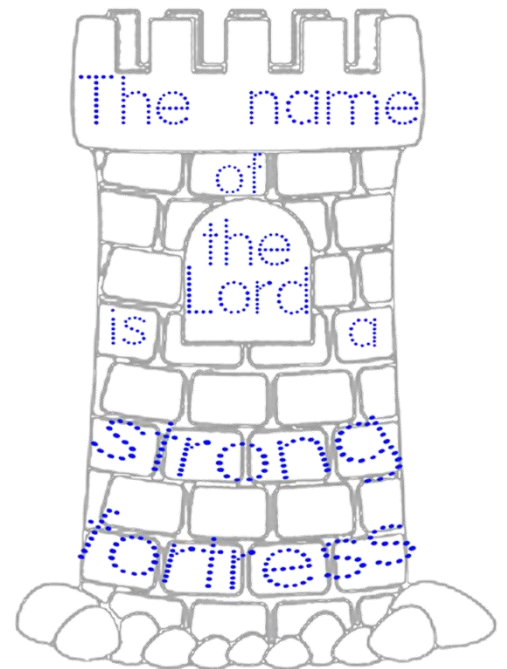
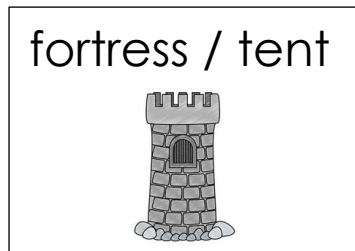
The name / sign of the Lord is



a weak / strong



fortress / tent ;



the godly swim / run to Him and are



safe / famous.



A fortress is a strong tower where people could go to get away from an enemy and be safe! Knowing and having faith in who God is and what He's done for us reminds us that we can run to Him when trouble comes. He will help us and keep us safe. Even just this one verse about God can help us have more faith. It's like our shield gets bigger the more we know.

Connect the dots of the words in the tower.

Write your name in the space below.

Do you know what your name means? Is there a word you would like your name to mean? Write that in the space below. (loved, precious, adventurous, strong)

In the Bible there are some names that the people gave God to remind them of something that God did or the way He loves us. Let's look at four of those names and their meaning.



Write your own
testimonies...



Do you have a testimony of when God has protected you, healed you, provided for you or you felt Him near you? Write your testimony in the speech bubbles next to the name tag. Did learning these things about God make your shield of faith grow a little bigger?

STAND FIRM ON THE WORD

Circle the one that will last forever! Use the verse below to help you find the right answer.



“The grass withers and the flowers fall,
but the word of our God stands forever.”

Isaiah 40:8

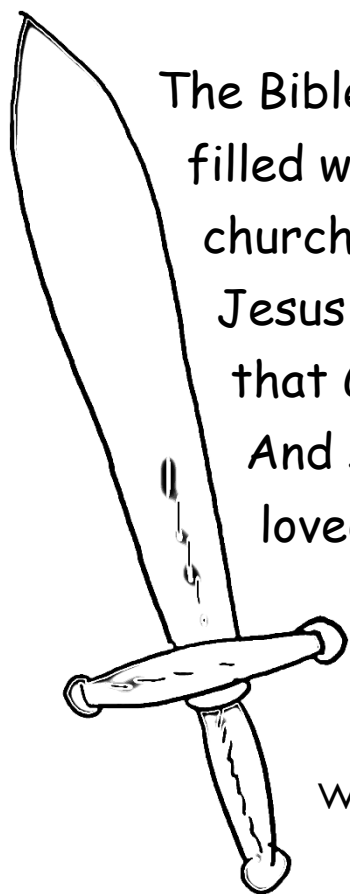
Many things in our homes have dates on them to show how long they will last. Milk doesn't take very long to go sour but things like tinned food can last a long time. Even our toothpaste can expire!

What's the latest expiration date you can find in your home?

If the Bible had to have an expiration tag on it, it would say

EXPIRATION

DATE LASTS FOREVER



The Bible, or the Word, is God's message to us. It is filled with lessons taught long ago, letters encouraging churches, stories that Jesus told, stories about what Jesus did, promises that God has made and promises that God has kept!

And so much more! The Bible can help remind us how loved we are and teaches us how to live a life that pleases God.

"So then, brothers, stand firm and hold to the teachings we passed on to you, whether by word of mouth or by letter." 2 Thessalonians 2:15

Out of all our armour the Bible is the only weapon so we need to make sure that we know how to use it!

Choose a verse to learn off by heart and then teach it to someone else.

STAND FIRM AND PRAY

Here's a little challenge for you to try. Can you hop on one foot, tap your head, rub your belly, spin around and make your bed at the same time?

Doing many things at once can be a little tricky but one thing the Bible reminds us to always do is **PRAY**. In fact, it says "pray without ceasing" – that means pray non stop!



God loves it when we talk to Him. Making time to just sit and talk to God is important. But God also loves it when we turn those little thoughts in the back of our minds into prayers all day long.



Say you see a man working on the side of the road you could thank God that he has a job and ask God to help him to do it well. You could also pray _____



If you walk past a friend at school you could pray and ask God _____.

Or you see your favourite _____ you could thank God for _____.

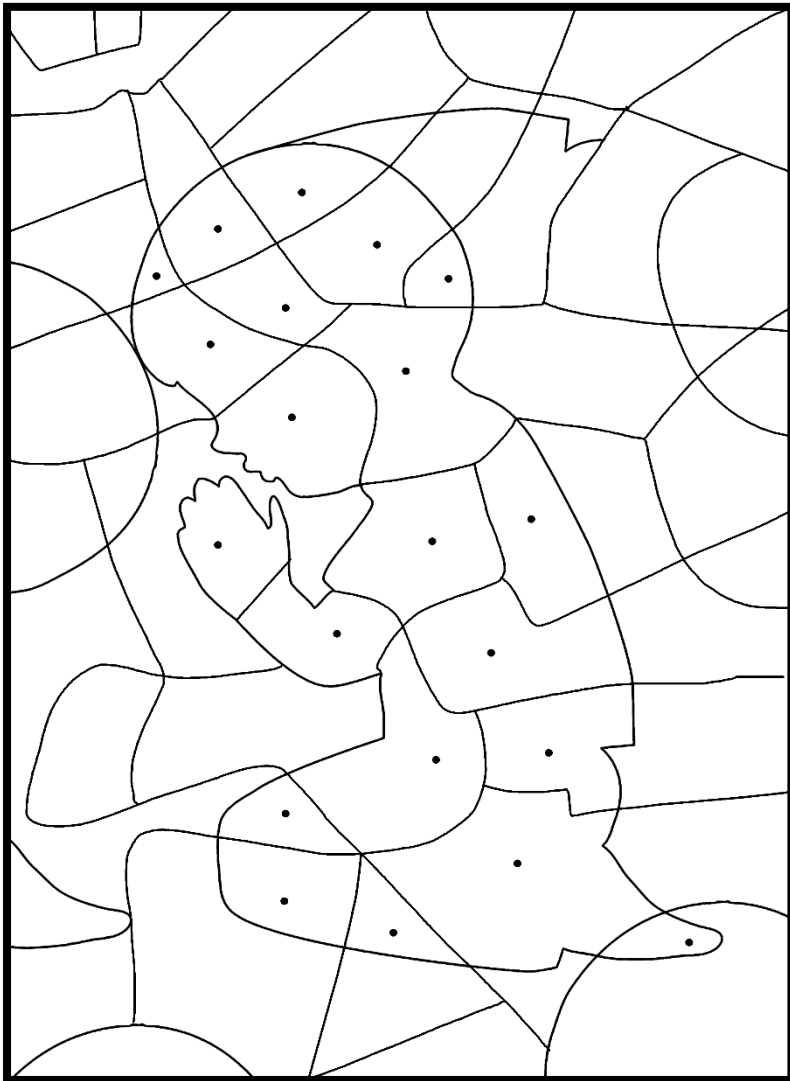
No matter who is around you or what you are doing remember to constantly talk to God asking for help or just thanking Him.

“Keep on  _____,
and you will  _____
what you ask for.


Keep on  _____,
and you will  _____.

Keep on  _____, and the
door will be  _____ to you.

Use the doodle
pictures to
work out what
Matthew 7:7
teaches us
about praying



 seeking

 smile

 receive

 asking

 opened



find

 sleep

 knocking

 eat

 laughing

Colour in only the shapes
that have a • in them to
show what we should do.

This verse doesn't mean you nag God until He gives you what you **want**. Instead when you keep asking God it shows that we depend on Him - and God wants that. By reading the Bible and spending time with God you will see how your heart grows to be more like His. Your **wants** will become more like His.

STAND FIRM WITHOUT WAVERING

Place this booklet down and lightly blow on it. Did it move?
Now try blow as hard as you can? I am sure it moved now!

God made Abraham many promises such as giving him land, making his family famous and even giving him a son even though he was very old! Although Abraham made many mistakes there was something he did really well...



²⁰Abraham never wavered in believing God's promise. In fact, his faith grew stronger, and this brought glory to God.
²¹He was fully convinced that God is able to do whatever He promises. Romans 4:20

"Never wavered" means that Abraham **never moved** from having faith in God. Abraham was **fully convinced** that God would do what He had promised.

Let's try and blow the booklet again but this time hold the book down as hard as you can, you can even stand on it. This is what it is like when we are fully convinced that God is who He says He is and will do what He has promised. When we have faith and are fully convinced, we cannot be moved!

Through good
and bad times
what are you
fully convinced
about God?

A large rectangular box with a decorative border featuring stars and swirls, intended for a response to the question on the left.

Are you **fully convinced** of the following? Look up the verses and when you trust that they are true write the underlined word into the box.

- 1) Jesus is with us always. (Matthew 28:20)
- 2) Jesus is alive forevermore. (Revelation 1:18)
- 3) Nothing can separate us from God's love. (Romans 8:31-39)
- 4) God cares for you. (1 Peter 5:6-7)
- 5) God hears our prayers. (1 John 5:15)
- 6) The Holy Spirit lives in you. (1 Corinthians 3:16)
- 7) Jesus is your friend. (John 15:15)
- 8) God forgives our sins. (1 John 1:9)



1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								

Let us hold tightly without _____ to the hope we affirm, for God can be trusted to keep his promise.
Hebrews 10:23

STAND FIRM TOGETHER

Complete the verses Ecclesiastes 4:9-12 by following the ropes on the next page.

⁹ Two people are better off than one, for they can _____
_____.

It is easier to do things well when we do them together. For example, if only one of us tell others about Jesus, a few people may get to know who He is. Do you think we will be more successful if lots of us tell others about Jesus? _____.

~~~~~

<sup>10</sup> If one person falls, the other can \_\_\_\_\_. But  
\_\_\_\_\_. But  
someone who falls alone is in real trouble.

Having someone help you up again when you trip and fall can be a huge help but this verse is talking about when we make a mistake and don't love and follow God like you should. Who can you trust to help you keep a good relationship with Jesus?

\_\_\_\_\_.

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¹¹ Likewise, two people lying close together can keep each other warm. But how can one be warm alone?

¹² A person standing alone can be attacked and defeated, but two can _____
_____. Three are
even better, for a triple-braided cord is not easily broken.

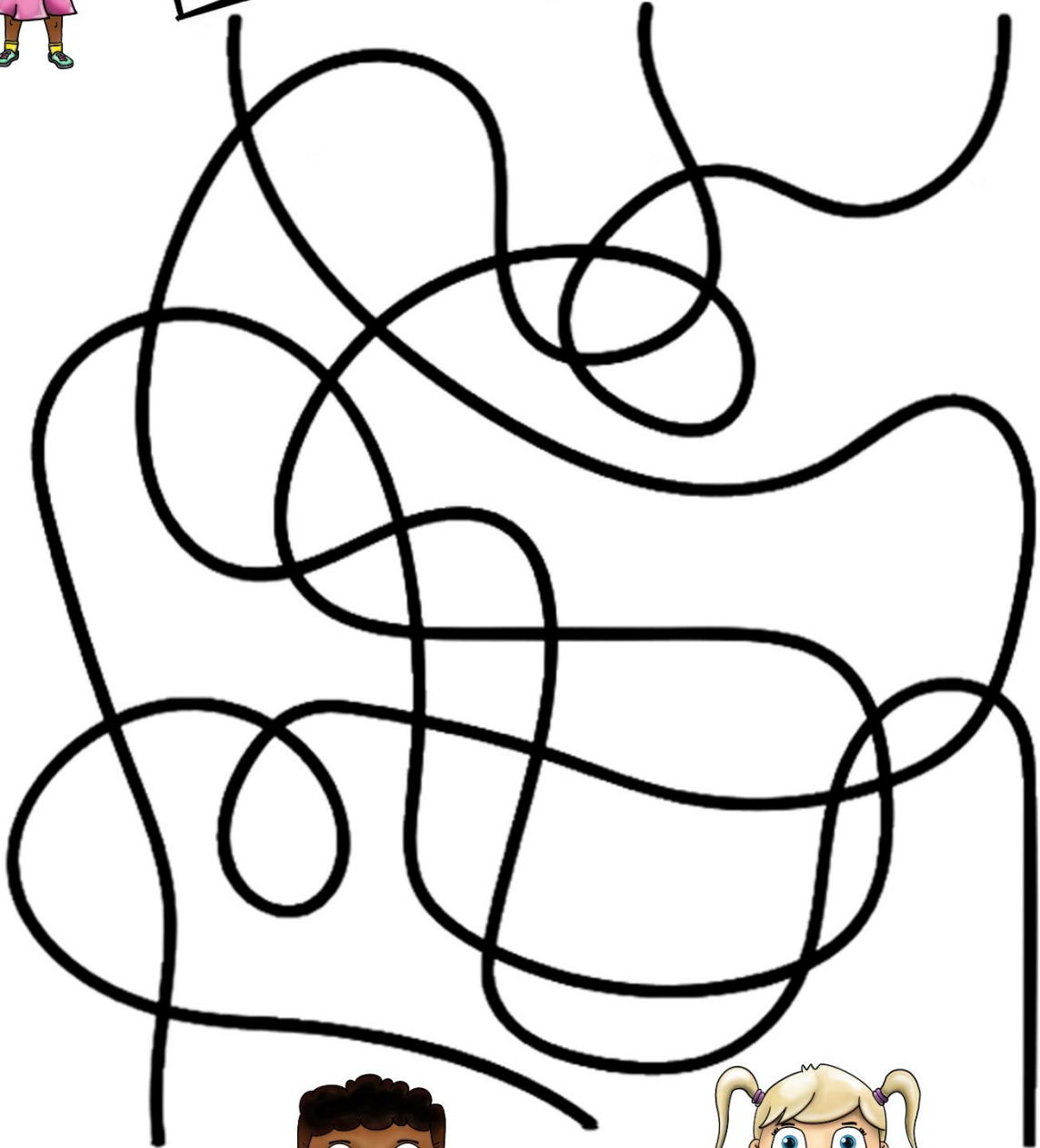
It is so much easier to get through tough times when we have other Christians to help us. How could you help someone?



Two
people
are
better
than
one

If one
falls
the
other

A person
alone
can be
defeated



but two
can stand
back-to-back
and conquer
(win)



For they
can help
each other
succeed



can reach
out and
help

Draw yourself wearing your armour.

