

Trust the Impossible

Lesson learnt:

Sometimes when things seem impossible it can feel really difficult to trust the promises that people have made. The Bible is filled with over 3000 promises that God has made, and He hasn't broken a single one. Even when the situations seem impossible, we know that He is the God of the impossible.

Link to video demonstration: <https://youtu.be/db9nmZuQdB0>

Link to Quick Truth video: <https://youtu.be/VSl2cmbRizc>

Items needed:

- Nappy/Sponge/Cotton wool (any absorbent material)
- A blindfold
- A towel
- 2 coloured cups
- Jug of water

Instructions:

Leader 1	<p>Today I need a very special volunteer. Someone who feels like they can trust me and trust what I say.</p> <p><i>(Get another leader to come up)</i></p> <p>Leader 2 we have been friends for a while. Do you think you can trust me and trust what I say?</p>
Leader 2	<p>Yes, of course.</p>
Leader 1	<p>Alright I need you to put this blind fold on. <i>(Leader 2 put the blindfold on)</i></p> <p>I have two empty cups on the table. <i>(Tip both cups upside down to prove to the children that they are empty)</i></p> <p>Now we are going to add a bit of water to both cups. <i>(Add a bit of water to both cups)</i></p> <p>We need to hold our cups above our heads at all times and on the count of 3 we are going to tip the cups over, but I promise you Leader 2 we won't get wet. Do you trust me?</p>

Leader 2	Uhm, I don't know. That seems like an impossible thing to promise.
Leader 1	We are both going to tip our cups upside down over our heads and I PROMISE we will NOT get wet. Do you want to put this towel over you just in case?
Leader 2	Yes I think that's a good idea.
Leader 1	<i>(While the Leader 2 is blindfolded, drink your water.)</i> Do you trust me Leader 2? Children do you trust that I am not going to get wet? Do you think Leader 2 should trust me? But I promised? Okay on the count of 3 let's both tip our cups. <i>(The sponge will absorb the water and therefore no water will come out of cup with water)</i> <i>(Remove the blindfold)</i> Yes, that situation might have seemed impossible, and it might have seemed like you shouldn't have trusted me, but I promised that we wouldn't get wet, and we didn't. That's because I put a sponge in your cup, and it soaked up all the water. <i>(Show the children the sponge)</i> Sometimes God will ask us to do something that seems impossible, but he promises to always be with us, and we can trust Him no matter what. God also doesn't trick us, although today we tricked the Leader 2. Even if people around us are telling us not to trust or obey God what do you think we should do? <i>(Allow the children to respond)</i>

NOTE: *Don't add too much water. Test how much water the sponge can absorb.*