

Sliding Face Changer!

Don't worry, but pray about everything

Lesson Idea:

Do you know that the Bible uses the phrases, "do not worry", "do not be anxious", "do not fear" over 365 times? There are 365 days of the year. It's almost like God says to us every day to not be worried, anxious, or fearful.

So how can we stop being worried or full of fear?

First, we need to think about who God is!

- *1 Peter 5:6-7 says, "give our anxiety over to God because He cares for us".*
- *Proverbs 18:10 "The name of the Lord is a strong tower, that when the righteous man runs to Him that they are safe".*
- *Psalms 55:22 "Give your burdens to the Lord, and he will take care of you"*

Remembering that God cares for us and that He is like a strong tower that will keep us safe, helps us not to worry or be full of fear.

- *Philippians 4:6-7 Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.*

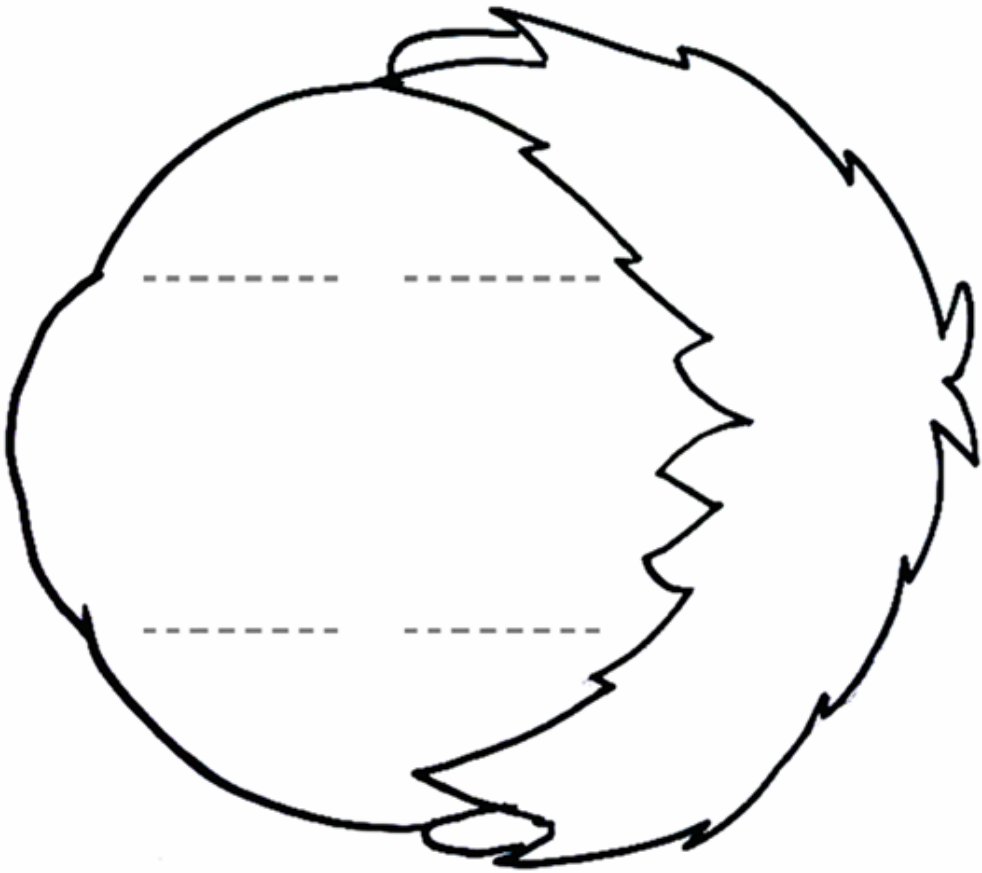
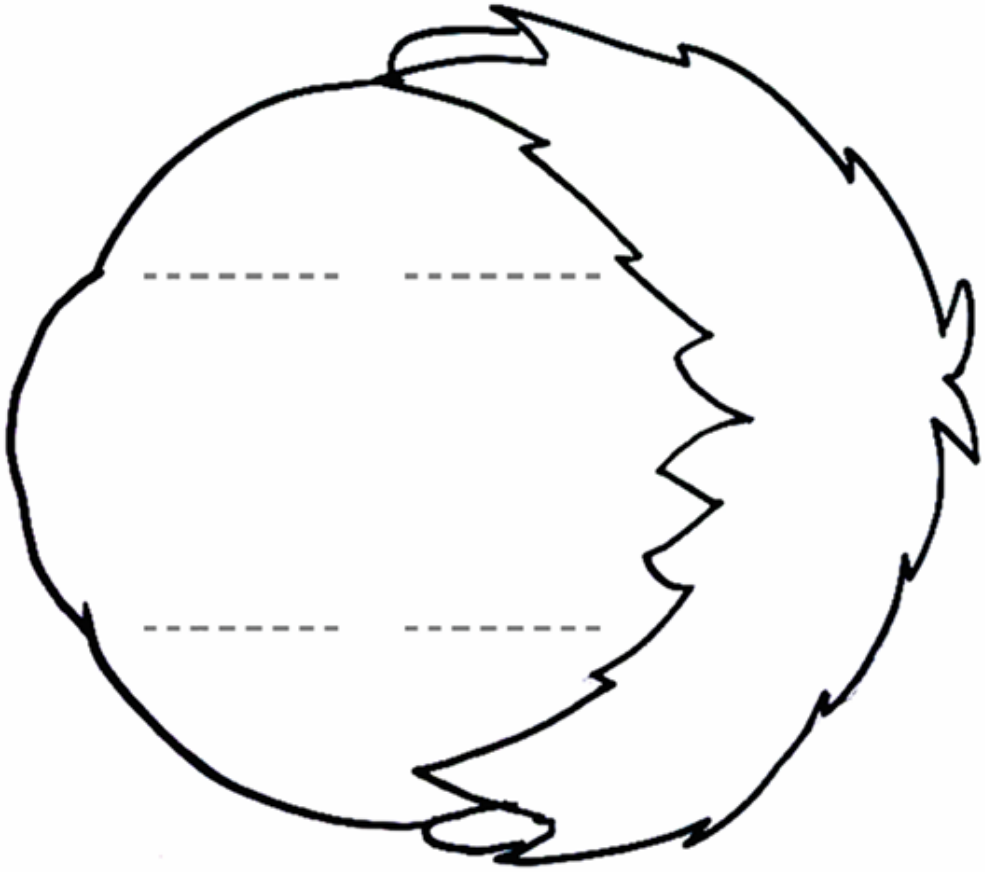
Items needed per child:

- Face and eyes and mouth template
- Scissors

Craft making instructions:

Link to video demonstration: https://youtu.be/n_EKCG_r_QM

1. Cut out the strips of the eyes and the mouth.
2. Cut the slits in the face.
3. Thread the strips through. Let the children repeat the verse as they slide the face from afraid to peaceful.



**Do not
worry**



**instead
pray**

**about
anything**



**about
everything**
Phil 4:6

**Do not
worry**



**instead
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**about
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**about
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Phil 4:6