

Rhythm Sticks!

Lesson Idea:

Children of all ages love using rhythm sticks, drums, tambourines, triangles or any other percussion instruments. We can teach kids that alone we can only play a little part in building the Kingdom of God but together we can go further and do more!

When we are all following our own plan, we are not very effective in building God's Kingdom but when we all follow God's plan, we are very effective! Being part of the "joyful noise" that is the church body.

Rhythm sticks can also be used to show how the Good News can spread from person to person, growing God's Kingdom.

Items needed:

- Enough percussion instruments for every child in the group
- A method of crowd control. We have used a green and red circle as a "stop/go" signal

Game instructions:

Link to video demonstration: <https://youtu.be/OR-DIs8LZiU>

1. Leader begins by handing out a pair of rhythm sticks (or whichever instruments you have) to each child as they sit in a circle.
2. Tell them to play a beat using their instruments. The idea is that with all the noise, nobody's beat can be heard. *That's how it is when we all follow our own plan and not God's.*
3. Now the leader plays a beat on their own and asks the children to follow. You could also get one child to beat out a rhythm which the others then follow. *Now we are being effective for the Kingdom when we all follow God's plan. Who's beat are we following?*
4. Now let someone else start a beat. You could even beat a rhythm to a verse. Then the person next to him/her follows the beat, then the next and the next and so on until the whole circle is following the same beat. *Did you hear the beat grow? Did you see how the Good News is spread from one person to the next? What a joyful noise!*

