

# Reflecting Jesus!

## Lesson learnt:

In this lesson we use a mirror to demonstrate how we can reflect Jesus to others. Can our talents, the things we own and how smart we are, do this?

No, only by keeping our lives in line with Jesus, staying close to Him and following His ways can we truly reflect His light, His love, His hope, and His joy to the world around us.

## Items needed:

- A mirror
- Soccer ball (*talents*)
- Books (*intellect*)
- Money bag (*things we own*)
- Bright torch (*Jesus*)
- Pictures of hospital, a school, a family etc. (*people and places to reflect Jesus to*)

## Instructions:

Link to video demonstration: <https://youtu.be/cnj3LbrqBrl>

- 1) Stick the pictures of the school, family, hospital etc. on the wall.
- 2) One leader (representing us) holds a mirror. They will demonstrate what things in our lives are able to reflect or make an impact on others.
- 3) Another person has some items that represent the things we are trying to use to reflect things like love, joy, hope and life to others. They will hold each item up and face it to the mirror to see if it impacts the people and pictures of places stuck on the wall. Explain the following as they hold each item up:

- **Soccer ball:** If my sports achievements and my talents are what I want people to see, even if I point my mirror straight at the ball, that will not reflect or make an impact on those in my school, at hospital, in my family, etc.
- **Money:** What about money and the expensive things I own. Will they show others the love, hope, joy, and life that comes only from Jesus? (*No, only these things from Jesus are what last forever and stand through the tough times*)
- **Books:** What if I am super smart and I know more than everyone else around me? No, not even being the cleverest person in the room can reflect Jesus' love, hope, joy, and light.

- **Torch:** But hang on a second. The Bible tells us that Jesus is the light of the world. (*John 8:12*) What if we face Jesus. Will keeping our lives in line with Jesus shine His life, His love, His joy, His hope to others?  
(*Demonstrate by reflecting the torch's light onto the mirror and then onto the picture*)

4) *The leader holding the mirror then turns it to themselves. Or they turn their back on the light*) When we believe in Jesus, we need to make Him the most important thing, we have to keep looking at Him. If we make everything all about us, will that reflect Him to others? No.  
When I look at the light and my mirror points towards the light, it can be reflected to each of the pictures and to others. This is what is how Jesus wants us to live.

