

Pool Noodle Challenge!

Items needed:

- 1 Pool Noodle with a plastic cup taped to the one end per child.
- 1 Bucket filled with water per team.
- 1 Empty bucket per team.

Game instructions:

1. Divide the children into small relay teams.
2. Children race to fill their teams' bucket by filling the cup on the end of their noodle from the bucket on one side and carrying it to the other side as fast as they can without spilling.



3. A variation of the game is for the children to stand in a close circle each holding a pool noodle upright touching the ground. Have the cups empty initially and then add water later to keep the excitement going. On the leader's signal, everyone lets go of their pool noodle and tries to quickly grab the pool noodle to their right before it falls to the ground.