

Plank walking!

Lesson Idea:

Ephesians 6:10-17

This game can be played with many variations, especially to teach children about working together, a memory verse or main idea that they repeat as they walk pass.

An all-time favourite with the children is to use this game when teaching about the armour of God. Children walk together on the plank to each item of the armour lying around the play area. As they get to it they have to name what it is (e.g. helmet of salvation) and then put it on.

Remind the children how important it is to put their spiritual armour on every single day!

Items needed:

- A set of walking planks for each team. (Flat planks of wood with ropes stapled/drilled in to use to grip and lift the plank as they walk.)
- Items of armour (belt, shoes, shield, helmet, sword, breastplate)
- A print of the Bible verse for the children to refer to

Game instructions:

1. First begin by explaining what each piece of God's armour represents as explained in Ephesians 6:10-17.
2. Lay the armour around the play area.
3. Three children stand on a set of walking planks and have to walk in time together to make it from item to item.
4. Let them read the verse out loud together to work out the order of which item they need to go and collect next. Leader's need to continually remind and prompt them to read the entire verse.
5. When they reach the item they have to say what it represents and then put on the item.

6. Once all of the items are collected, they make their way to the finishing line.

