

Holy Spirit

(Hand Sanitiser)

Lesson learnt:

How do we know that the Holy Spirit is with us? How do we explain this to children? We could use the analogy of the wind in the trees, but we know that children love seeing things set on fire and hand sanitizer is something we have all become familiar with!

This lesson shows us that although we cannot see the Holy Spirit, He is always there and we can rely on the Holy Spirit to comfort us, give us wisdom and guidance and strength. We can't see the Holy Spirit, but we can see the effects just like we can see the candle lighting, but we can't see the flame!

Items needed:

- Hand sanitiser
- 2 plates (not paper)
- A muffin (to stick the candles into)
- Lighter
- Birthday candles

Beware! Hand sanitiser spreads and so will the flame on the plate as well as on skin!

Make sure you smother the flame after the demonstration as it will continue to burn for longer than you think!

Instructions:

Link to video demonstration: <https://youtu.be/4HLG2mPM73s>

1. Squirt a bit of hand sanitizer onto a plate.

Jesus told His disciples that the "helper" would come to them which is another word that the Bible uses to talk about the Holy Spirit. (John 15:26)

2. Light the sanitizer. (Note: The flame will be invisible but it's there.)

In Acts 2 the Bible tells us about Pentecost. That was the day the Holy Spirit came to empower the disciples. The Bible tells us that when they were empowered what seemed like tongues of fire came and rested on each of

them.

There is a flame burning here, but how do we know it's there? We can't see anything.

3. Hold a candle above the sanitiser while mentioning each characteristic of the Holy Spirit and it will light.

We can't see the Holy Spirit, but He gives us guidance and wisdom (Galatians 5:16-18).

The Holy Spirit is our teacher and reminder (John 14:26)

The Holy Spirit strengthens us (Ephesians 3:16)

He gives us joy and hope (Romans 15:13)

He helps us know what to pray for (Romans 8:26-27)

4. Suffocate the flame by placing another plate over the sanitiser plate.

