

Capture the Flag Tag!

Lesson Idea:

The goal of this game is for children to work together to protect something of value while trying to capture the other team's valuable item. This version of the game however has a twist "in the tail"!

Items needed:

- X1 valuable item per team (e.g. a flag, T-shirt, teddy bear)
- "Tail belts" for each team member. Each team should be a different colour.
- A playing field that has lots of obstacles to hide behind like trees, boulders, walls. The playing zone should be divided up into two territories.
- Game marshals with whistles.

Game instructions:

Link to video demonstration: <https://youtu.be/0qa4ITuUSU4>

1. Divide the playing zone up into two territories. Each team hides their valuable item, their "flag" somewhere in their territory.
2. Each team member is given a tail belt.
3. Team's attackers attempt to capture the other team's flag item by getting past the other team's defenders. While their team's attackers attempt to do the same on the other team's territory.
4. The defenders try to snatch the tails off the attackers, attackers may only capture a flag if they have a tail.
5. Once a tail has been snatched, the team member must go to a leader and say a verse to get a new tail and return to the game.
6. The winning team is the one who captures the other team's flag successfully and brings it back into their own territory.

