

# **Bucket Lift!**

## **Lesson Idea:**

Hidden under your bucket can be any Bible verse or Biblical truth that you want to teach your children. It can be story cards to tell the story or even an object that you can use for your object lesson.

This mini game encourages perseverance, self-control to not peak, listening to and following instructions as well as working together.

## **Items needed:**

- Empty bucket
- Take a piece of waist band elastic and sew it to form a circle. It must be only big enough to fit around your bucket when it is stretched. Attach pieces of string on different places around the elastic. These will be pulled by the players to stretch the elastic wider.
- Verse, cards or objects to hide under the overturned bucket.
- Blindfolds (optional)

## **Game instructions:**

1. Wearing a blindfold is optional, depending on the age of the children and on how challenging you want the game to be. You may choose to have one person who is able to see and they will then give instructions on what each person should do.
2. The aim is for each person to pull on their string to stretch the elastic to form the correct size and shape so that it can fit around the bucket.
3. Once it is around the bucket they then lift the bucket to reveal the verse, cards or object.
4. Variations for this game:
  - Have one bucket filled with water or balls. The team must lift and tip it to fill another bucket, trying not to spill.
  - Have a stack of boxes, each with a word or phrase from a verse, that the children must use the elastic to grab and then stack onto one another to form the Bible verse.

